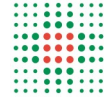


SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA
Azienda Unità Sanitaria Locale di Ferrara



Università
degli Studi
di Ferrara



SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA
Azienda Ospedaliero - Universitaria di Ferrara

Informational brochure

The Breast Unit in Ferrara

And the Diagnostic
Therapeutic Care Pathway
(PDTA)
For breast cancer

*Centro Senologico
di Ferrara*



Dear Madam(s),

You have been invited for an examination because after having seen your last mammogram or ultrasound scan the need arose to further investigations.

We offer you this brochure to give you some practical clarifications on the path envisaged in these cases by the Senology Centre of the Health Authorities in our province.

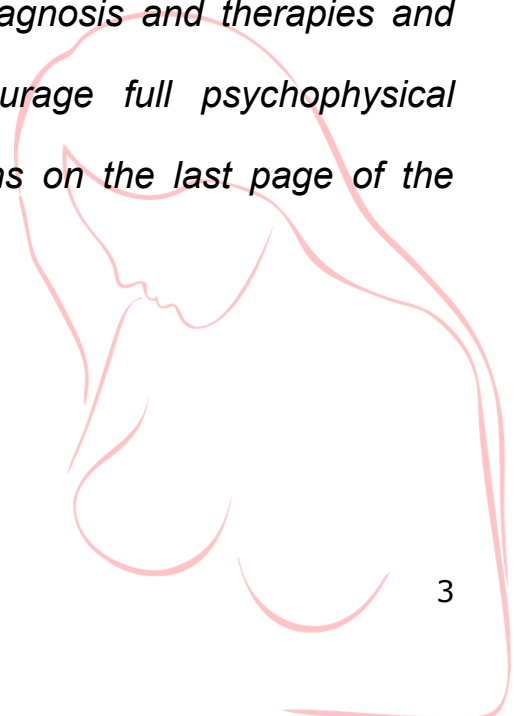
The Senology Centre, recognised by the Emilia-Romagna Region, is the structure that ensures the active care of patients for whom a clinical suspicion has been detected. of Breast Cancer and operates according to the standards defined by the European Society of Specialists in Breast Oncology.

The Senology Centre (also called 'Breast Unit') consists of by a multidisciplinary group of specialists belonging to the Azienda University Hospital and the Local Health Authority of Ferrara who collaborate and work together through the Diagnostic and Therapeutic and Treatment Pathway (PDTA) of the Breast.

The overall objective of the PDTA is to take care of you in order to complete the diagnosis, define and possibly carry out the most appropriate therapy. The group of specialists, consisting of breast radiologists, anatomic pathologists nuclear physicians, breast and plastic surgeons, oncologists, radiotherapists oncologists, psycho-oncologists, geneticists, physiatrists and nurses will work together to be able to perform, quickly and with as little inconvenience as possible, all the procedures necessary for your case.

If you rely on the PDTA, a nurse in charge of your case will be in charge of you and will organise all subsequent appointments for tests or medical check-ups. There is no need for you to make appointments or bothering to look for specialists: everything will be organised automatically, with minimum inconvenience.

The Breast Unit's in-house professionals are also joined by Associations representing patients who operate in our area ,and who collaborate in support activities during the diagnosis and therapies and during the post-diagnosis phase, to encourage full psychophysical recovery. You will find the list of Associations on the last page of the brochure



The Breast Unit adheres to the European Code against Cancer

European Code of Cancer Practice

YOU HAVE THE RIGHT TO:

1. EQUAL ACCESS
Equal access to affordable and optimal cancer care, including the right to a second opinion.

2. INFORMATION
Information about your disease and treatment from your medical team and other reliable sources, including patient and professional organisations.

3. QUALITY, EXPERTISE & OUTCOMES
Information about the quality and safety of care, the level of expertise and the outcomes achieved for your type of cancer in the centre where you are being treated.

4. SPECIALISED MULTIDISCIPLINARY CARE
Receive care from a specialised multidisciplinary team, ideally as part of a cancer care network.

5. SHARED DECISION-MAKING
Participate in shared decision-making with your healthcare team about all aspects of your treatment and care.

6. RESEARCH & INNOVATION
Be informed about ongoing research relevant to you, and your ability and eligibility to participate in research.

7. QUALITY OF LIFE
Discuss with your healthcare team your priorities and preferences to achieve the best possible quality of life.

8. INTEGRATED SUPPORTIVE & PALLIATIVE CARE
Receive optimal supportive and palliative care, as relevant, during any part of your cancer journey.

9. SURVIVORSHIP & REHABILITATION
Receive and discuss with your care team a clear, managed and achievable plan for your survivorship and rehabilitation.

10. REINTEGRATION
Be fully reintegrated into society and protected from cancer-related stigma and discrimination, so that, in so far as is possible, you can return to a normal life.

europaean cancer ORGANISATION

www.europeancancer.org/code
info@europeancancer.org

Who is the contact nurse?

The contact nurse (also called case manager) is the nurse who will follow you throughout the whole process.

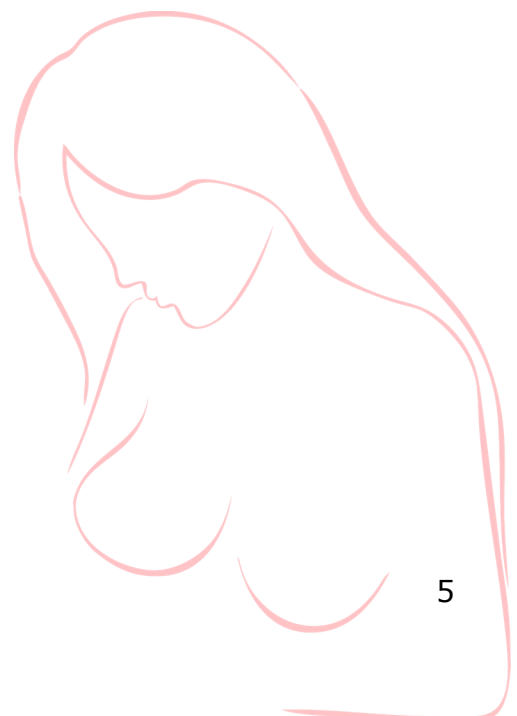
Step by step, the nurse will organise, the various appointments and accesses in your treatment care and will be the link between you and the specialists.

You may contact the nurse for any further information about the illness and the function of the Senology Centre, or for any other need.

Who checks the test you have done?

The result of the tests will be assessed by the specialists at the Senology Centre, who discuss each individual case and find the best course of action in view of the diagnosis, its characteristics and needs.

At the end of the brochure you will find the list of locations where the activities of the Senology Centre.



Who notifies you of the result of the tests (report)?

The result of the tests and any treatment proposal will be communicated to you **within 10 days**.

You will be contacted by telephone by the referring nurse who will explain when and where to pick up the report. Normally the reports are delivered to the **outpatient at the senology** clinic, which is located in sector 1, block D, floor 1 (1D1) of the Cona Hospital.

On that occasion you will meet a doctor from the Senology Centre, together with the nurse (case manager) and will receive all the explanations about the diagnosis and possible therapies suitable for your case, already discussed and evaluated by the multidisciplinary team.



Remember...

You may also discuss, during the meeting or afterwards, the indications for the treatments that will be proposed to you. Since on these occasions it can happen that you forget something, it would be useful to ask a family member (or friend) to accompany you.

Two people remember better!

What will happen after you get the result of the tests?

If the result of the tests does not reveal any particular problems, you will be recommended for follow-up examinations in the following months and years to come. If, on the other hand, it is breast cancer, the doctor will advise you on how to deal with the situation.

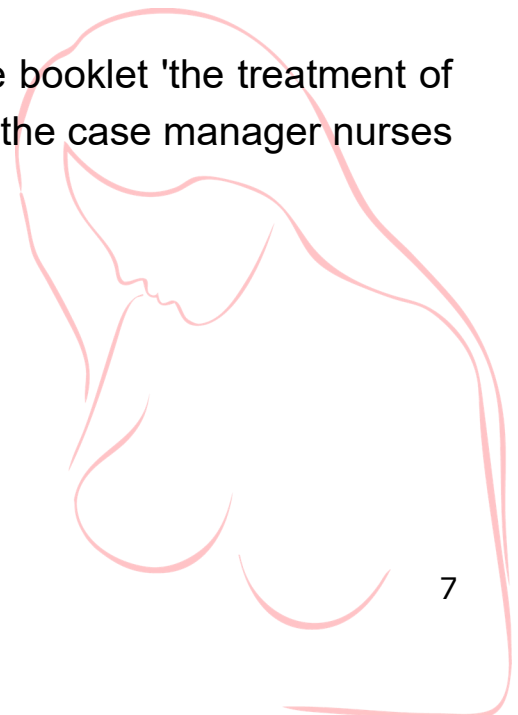
This may usually be necessary:

- surgically remove the diseased area;
- have medical treatment, before or after surgery;
- receive radiotherapy on the breast in some cases.

You may discuss treatments or possible alternatives with the specialist at the Senology Centre and with the referring nurse during the meeting; if you want further explanations we can meet you at another time. During the course of the treatment you will be provided with information on each stage of treatment, both in-depth information on the different therapies and of a practical nature.

Whatever the need for therapy, everything will be organised automatically.

Further information can be found in the booklet "the treatment of breast cancer" which you can request from the case manager nurses or download it from the hospital website





IMPORTANT!

You can always choose...

Your general practitioner, unless you express indication, will be constantly informed on the results of examinations, the treatment programme and the different stages of treatment. You will in any case be entirely free to choose to carry out treatments at this or another specialised facility: if you prefer to be followed in another centre, we will still provide you with the results of the examinations performed and the treatment programme proposed by our specialists.

Where are the PDTA activities carried out?

- **Location of the PDTA:** Cona Hospital.
- **Senology examinations (1st level):** Hospitals of Cona, of Delta, of Cento, of Argenta, Radiology C.so Giovecca (ex S.Anna), Casa of Health in Copparo and Portomaggiore.
- **Senology examinations (2nd level):** Cona Hospital.
- **Discussions for communication of test results:** Outpatient clinic of Senology Outpatient Clinic at Cona Hospital.
- **Nuclear Medicine examinations:** Cona Hospital.
- **Breast and reconstructive surgery:** Cona Hospital.
- **Pathological Anatomy Examinations:** Cona Hospital.
- **Oncological Therapies:** Cona, Delta, Cento and Argenta Hospitals.
- **Oncological radiotherapy:** Cona Hospital.
- **Rehabilitation:** Cona, Delta, Cento and Argenta Hospitals; Copparo, Comacchio, Portomaggiore Health Centres. Argenta; Health Centres of Copparo, Comacchio, Portomaggiore and Ferrara.
- **Psychological interviews and therapies:** Cona Hospital (locations of Cona and Ferrara).
- **Genetic counselling and oncogenetic molecular tests:** Medical Genetics (Cona and Ferrara sites), EredoFamiliar Risk: Cittadella della Salute "San Rocco", Ferrara (Centre first level) Policlinico S. Orsola - Malpighi, Bologna (Centre second level).
- **Dieticians and nutritionists:** Cona Hospital.
- **Fertility preservation:** Delta Hospital, Lagosanto.
- **Menopause Centre:** Via Boschetto, Ferrara.
- **Geriatrics:** Cona Hospital.
- **Dermopigmentation, medical tattooing, areola and nipple:** Cona Hospital.



USEFUL NUMBERS AND ADDRESSES

Voluntary associations



A.N.D.O.S. onlus

ASSOCIAZIONE NAZIONALE DONNE OPERATE AL SENO

COMITATO DI FERRARA

A.N.D.O.S. (National Association of Women on Breast Surgery).

Via Panetti,40 - Ferrara | Tel. 351.5421086 (secretariat)

E-mail: andosferraracomitato@gmail.com



LEGA ITALIANA PER LA LOTTA CONTRO I TUMORI
prevenire è vivere

L.I.L.T. ONLUS (Italian League for the Fight against Cancer).

Cel. 340.9780408 (secretariat)

E-mail: segreteria@legatumoriferrara.it



A.N.T. ONLUS (National Cancer Association).

Via Cittadella, 37/39 - Ferrara | Tel. 0532.201819

E-mail: delegazione.ferrara@ant.it



A.D.O. ONLUS (Domiciliary Oncology Association).

Via Veneziani, 54 - Ferrara | Tel. 0532.977672.

E-mail: segreteria@adohtf.it



"Woman's Heart" Association

Lagosanto- Ferrara | E-mail: cuoredidonna Ferrara@gmail.com

A SERVICE FREE!

*The PDTA is a service
free provided by the
Health Service,
as per European indications.*

USEFUL INFORMATION

You can contact the case nurse (case manager)
by calling the numbers

0532 - 237862

334-1365533

FAX: **0532 - 236150**

MONDAY from 9 a.m. to 2 p.m.

from TUESDAY to FRIDAY from 9 a.m. to 4 p.m.

You can also leave messages on the answering machine:
you will be called back the next day.

Or to the e-mail address :

centrodisenologiaferrara@ospfe.it

*Centro Senologico
di Ferrara*

For further information : www.ferrarasalute.it